

How to Choose a Rehabilitation Facility

The factors you may want to consider are identified below under each of the categories. Be sure to observe, as well as to inquire about these services when rating the various programs or facility.

Directions: For each category, fill in the boxes below with the appropriate rating: 2 = outstanding 1 = acceptable 0 = unacceptable

HCR ManorCare Other Care Facility Other Care Facility

PHYSICAL THERAPY

HCR ManorCare	Other Care Facility	Other Care Facility	
			Strengthening exercises
			Balance and coordination exercises
			Exercises for flexibility and conditioning
			Ambulation training
			Pain relief techniques
			Wound care
			Home assessment and modification
			Community reintegration such as crossing a street safely

SPEECH THERAPY

HCR ManorCare	Other Care Facility	Other Care Facility	
			Communication skills assessment and retraining
			Memory skills assessment and retraining
			Swallowing difficulties assessment and treatment
			Communication related to hearing loss
			Alternative communication instruction

HCR ManorCare Other Care Facility Other Care Facility

OCCUPATIONAL THERAPY

HCR ManorCare	Other Care Facility	Other Care Facility	
			Adaptive self-care skills such as self-feeding, dressing, bathing
			Nerve and muscle re-education
			Transfer training (i.e. moving from a bed to a chair or sitting to standing)
			Fine motor control retraining for skills such as grasping and writing
			Retraining homemaking skills such as laundry and meal preparation
			Wheelchair modification
			Home assessment and modification
			Discharge planning

VARIETY AND QUALITY OF REHABILITATION SERVICES

HCR ManorCare	Other Care Facility	Other Care Facility	
			Physical, occupational, speech and recreational therapies
			Therapy hours available
			Therapy on weekends
			Proven rate of discharging patients to their homes
			Social work services

INDIVIDUALIZED PLAN OF CARE

HCR ManorCare	Other Care Facility	Other Care Facility	
			Patient and family included in the planning process
			Therapy geared toward individual needs
			Following individual assessment, staff works together to plan the patient's rehabilitation program
			Therapy accommodates the individual's tolerance level

HCR ManorCare Other Care Facility Other Care Facility

THE STAFF

HCR ManorCare	Other Care Facility	Other Care Facility	
			Full-time licensed staff therapists and therapist assistants
			Educational background
			Therapists have specialized areas of expertise
			Friendly and courteous
			Attentive and conscientious
			Caring, positive attitudes
			Patients are taught to care for themselves
			High staff morale

DEMONSTRATED RESULTS

HCR ManorCare	Other Care Facility	Other Care Facility	
			Track record of success in my diagnosis
			Evidence of success in self-care independence
			Evidence of success in mobility independence
			Evidence that patient and family are confident to manage at home
			Confidence in clinical team's judgment

TEAM CONCEPT

HCR ManorCare	Other Care Facility	Other Care Facility	
			Team assessed needs for treatment and equipment
			Team communicated regularly with family members and physicians

HCR ManorCare	Other Care Facility	Other Care Facility

Add scores and compare totals